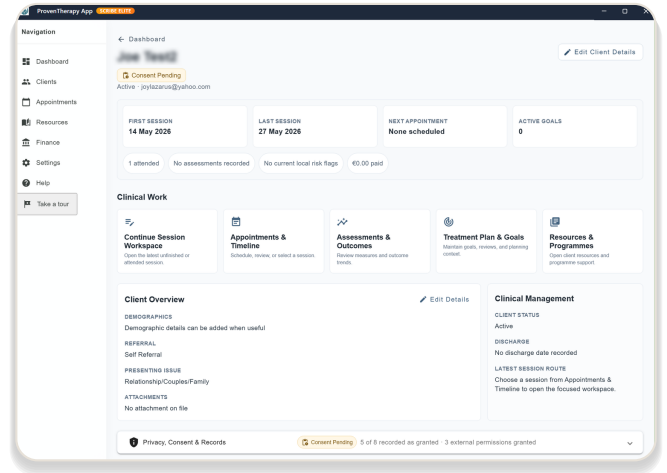


Software that understands therapy work.

Built from inside the therapy room – not the boardroom.

Built by a therapist with 30+ years of clinical experience, ProvenTherapy gives private practitioners a calm working environment for clients, appointments, notes, assessments, treatment planning, resources and reflective support – without forcing client data into the cloud.

Now available for counsellors, physiotherapists, speech & language therapists, occupational therapists, social workers, life coaches, and more – with a workspace that adapts to your profession from day one.



The Client Hub – one calm clinical overview.

 <p>Privacy-First Records stay on your own device.</p>	 <p>Clinically Authored 30+ years of practice, in software.</p>	 <p>One Annual Fee From €120/year. No monthly bills.</p>	 <p>Calm Workflow Follows the arc of clinical work.</p>	 <p>Reflective Continuity Holds the thread between sessions.</p>
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14-Day FREE TRIAL
No credit card required · From €120/year + VAT


Scan to begin

- ✓ Local-First Encrypted Database
- ✓ Free 14-Day Trial
- ✓ Built by a Practising Therapist
- ✓ GDPR & HIPAA-Aware


Windows available now · Mac version coming soon

WHO IT'S FOR

ProvenTherapy adapts to your profession.

Choose your professional profile on first launch and the workspace configures itself – showing only the tools and assessments your discipline actually uses.

<p>CP</p> <p>Counsellor / Psychotherapist</p> <p>Full clinical suite – MSE, mental health assessments, grief programmes, reflective supervision, and resources.</p>	<p>PT</p> <p>Physiotherapist</p> <p>Session notes, treatment plans, appointment management, and wellbeing resources.</p>	<p>SLT</p> <p>Speech & Language Therapist</p> <p>Session notes, SOAP / DAP formats, treatment goals, and client progress tracking.</p>
<p>OT</p> <p>Occupational Therapist</p> <p>Structured goals, session notes, appointment timeline, and outcome tracking.</p>	<p>SW</p> <p>Social Worker</p> <p>Client management, psychosocial assessments, treatment planning, and reflective supervision.</p>	<p>LC</p> <p>Life Coach / Wellbeing</p> <p>Goal-focused session notes, appointment management, wellbeing resources, and client progress.</p>
<p>OH</p> <p>Other Healthcare Professional</p> <p>Full feature set available – customise your workspace in Settings to match your practice.</p>		

 **Every profile includes the core, always-on features** – Client Hub, Appointments, Session Notes, Treatment Plans, and Practice Finances. Additional tools appear based on your chosen profession.

WHY THIS EXISTS

Therapy is complex, human work. The software should not make it harder.

ProvenTherapy is not ordinary practice management software. It is a working environment — designed from inside real clinical practice to reduce the cognitive weight that accumulates when carrying complex, sensitive work every day.

Most practice software is designed around billing, client portals, or insurance workflows. ProvenTherapy was designed around something different: the practitioner, their clients, and the quiet, serious work that happens between them.

Every part of the application — from the Client Hub to the Session Workspace to the Reflective Supervision screen — was shaped by lived clinical experience. Not by a product team looking for a market. By someone who needed it.

“I built ProvenTherapy because I could not find a tool that truly understood the weight of what practitioners carry.”
— Dr MG Lazarus

WHAT MAKES IT DIFFERENT

-  **Local-first by design**

Client records live in an encrypted database on your own device — not in a cloud platform.
-  **Practitioner-centred workflow**

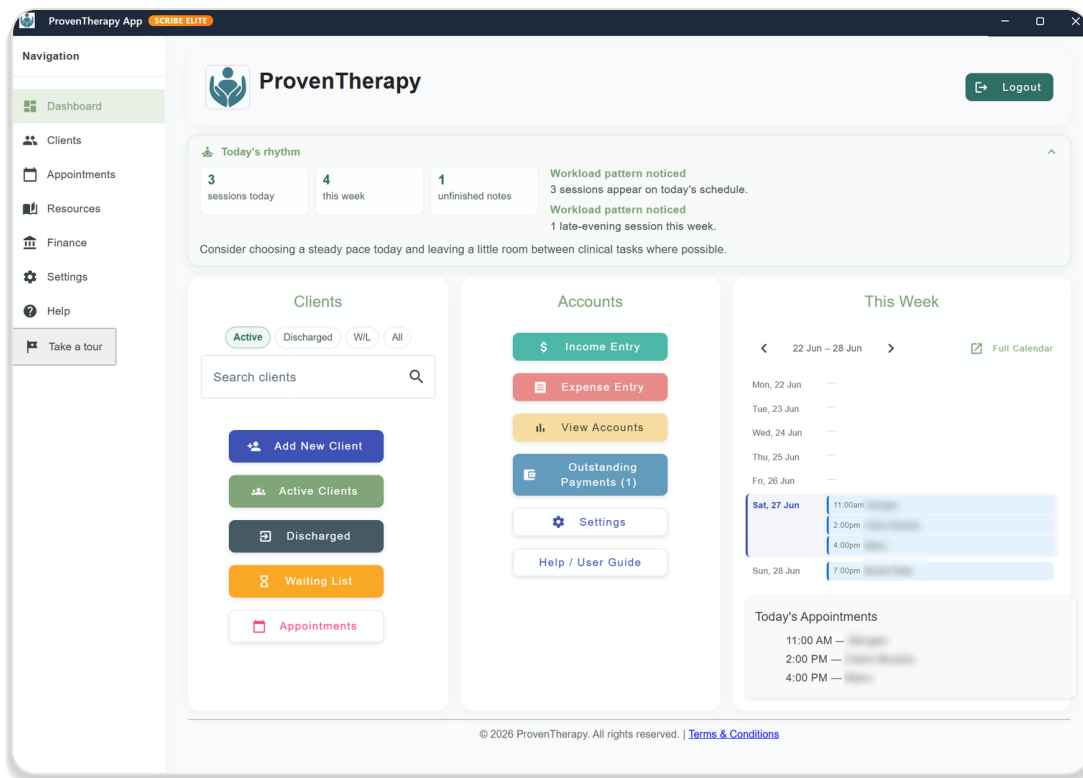
The interface follows the natural arc of clinical practice — from intake to notes to reflection.
-  **Cognitively light**

No unnecessary features. No clutter. No steep learning curve. Just the tools that matter.
-  **Clinically intelligent**

Structured MSE, validated assessments, treatment goals, and reflective supervision — built in.
-  **Built for practitioners worldwide**

GDPR-supportive consent, erasure and audit logs; local-first storage consistent with HIPAA privacy principles.
-  **Adapts to your profession**

Professional profiles configure the workspace from day one for your discipline.



The Dashboard — Today's Rhythm, clients, accounts and the week ahead, at a glance.

CLINICAL PATHWAY

Designed around how practitioners work.

Every step follows the natural arc of clinical practice – from first contact to session notes, reflection, goals, outcomes, resources, and finances.

1 Dashboard

Today's rhythm, sessions, unfinished notes, and gentle workload prompts – a calm starting point for each day.

2 New Client Intake

Contact details, referral information, presenting concerns, consent, and essential records.

3 Client Hub

A clear clinical overview – key dates, active goals, assessments, fees, attachments, and workflow access.

4 Appointments & Timeline

A longitudinal timeline where sessions are created, reviewed, and opened into the focused workspace.

5 Session Workspace

Free text, SOAP, DAP, structured MSE, shared Plan, Pre-session Snapshot, Scribe, and Ctrl+S save.

6 Assessments & Outcomes

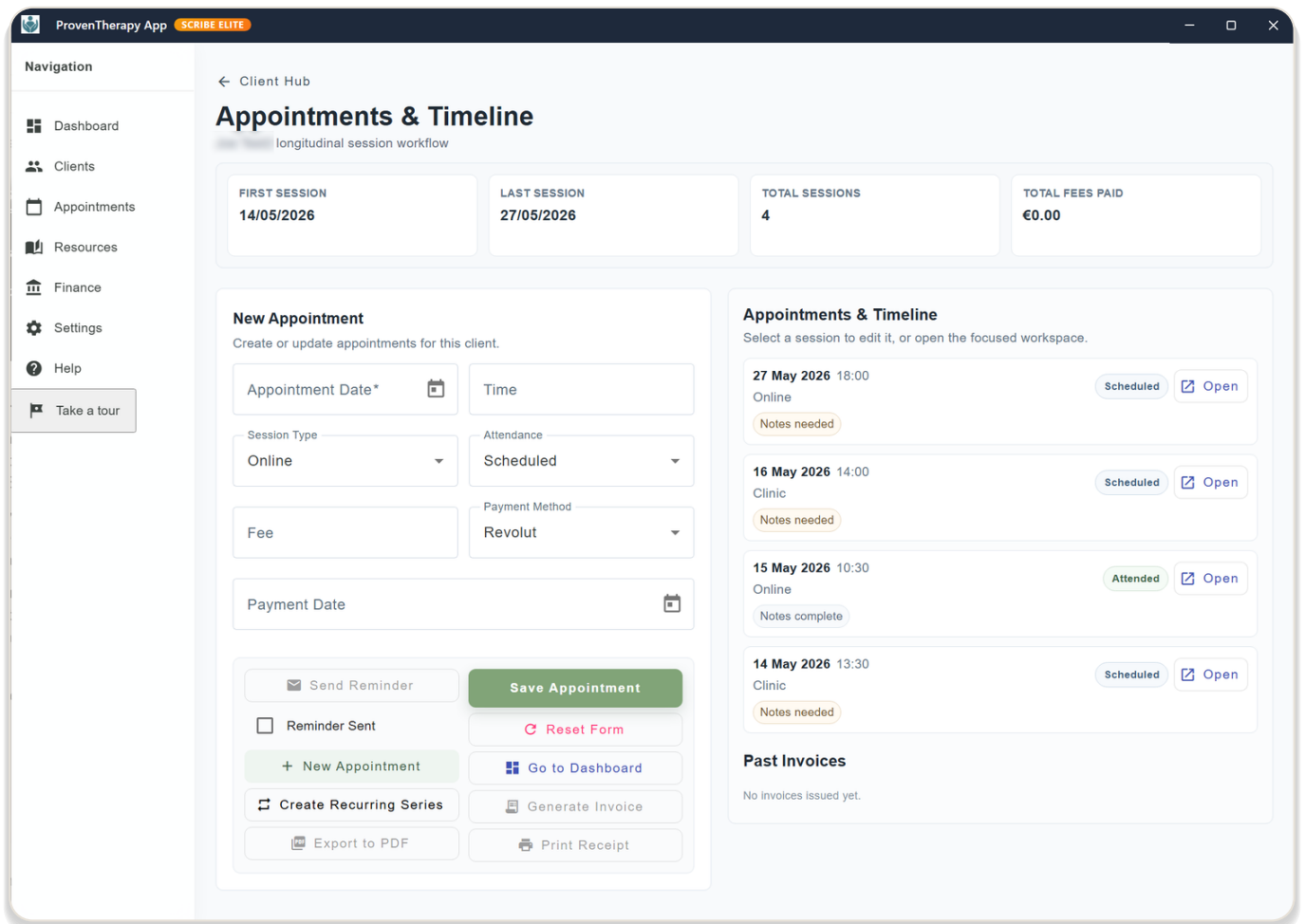
Validated tools with auto-scoring, severity bands, progress charts, and clinical alerts – profile-aware.

7 Treatment Plan & Goals

Structured goals, reviews, session links, and continuity prompts across the relationship.

8 Resources & Programmes

Therapeutic resources and structured programmes – available resources reflect your professional profile.










Appointments & Timeline – session history, fees, and direct access to the focused workspace.

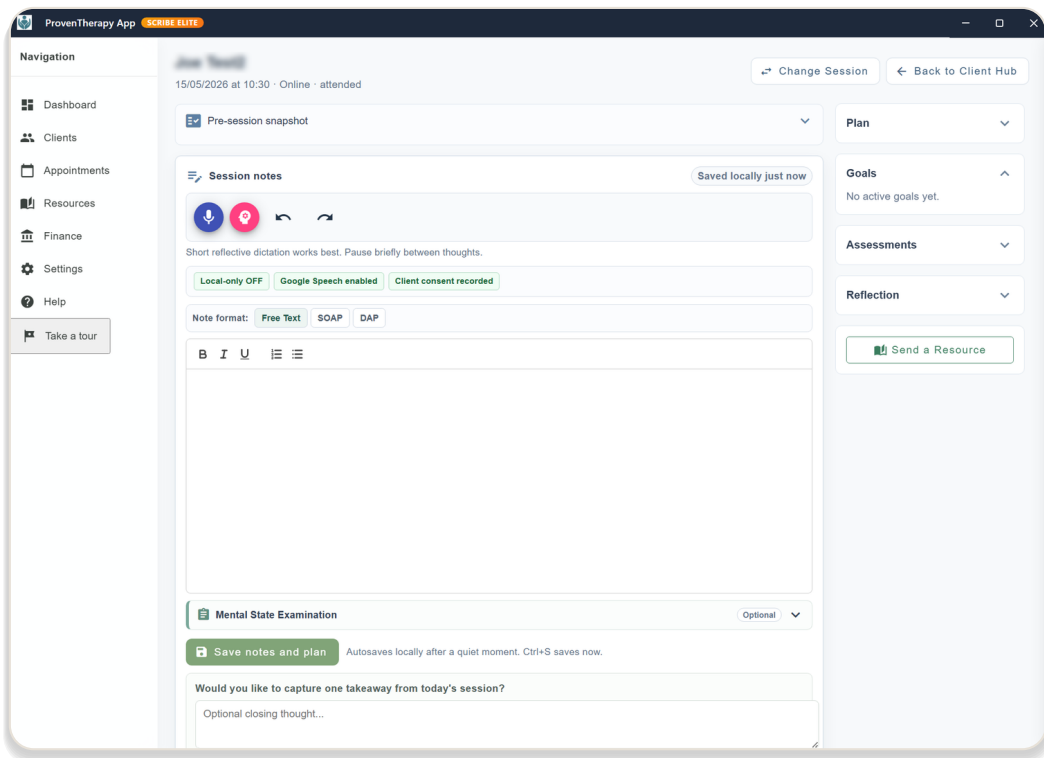
THE SUPPORT LAYER

Supporting the practitioner. Not replacing the clinician.

Therapy does not end when the client leaves the room. ProvenTherapy helps you hold the thread between sessions – with tools for reflection, continuity, and the quiet work in between.

 <p>Today's Rhythm</p> <p>A gentle overview of today's schedule, outstanding notes, and active workload – without pressure or metrics.</p>	 <p>Pre-Session Snapshot SCRIBE ELITE</p> <p>A focused summary of recent notes, goals, and the last session – so you arrive prepared, not overwhelmed.</p>
 <p>Shared Plan</p> <p>A living document in the Session Workspace – orient around shared direction and current focus areas.</p>	 <p>Reflective Supervision SCRIBE ELITE</p> <p>25 structured prompts across five clinical categories – from countertransference to ethical awareness.</p>
 <p>Session Closure Takeaway</p> <p>A closing prompt to record what you carry from the session – reflective continuity before the next client.</p>	 <p>Continuity Prompts</p> <p>Gentle flags when goals, assessments, or plan reviews fall due – keeping clinical continuity visible.</p>

 **A calm note on AI.** AI features are optional, tier-gated, and designed to reduce cognitive strain – not to replace clinical judgement. The practitioner remains the clinician, always. External AI processing is governed by your settings and can be restricted to local-only mode.



The Session Workspace – dictation, note formats, MSE, plan, reflection and the closing takeaway.

CLINICAL TOOLS

Everything you need to run a thoughtful practice.

SESSION WORKSPACE

Multiple note formats, one screen

Write notes in free text, SOAP, or DAP. Complete a structured Mental State Examination. Record a shared plan. Add reflections. Save instantly with Ctrl+S – all in a single, distraction-free clinical workspace.

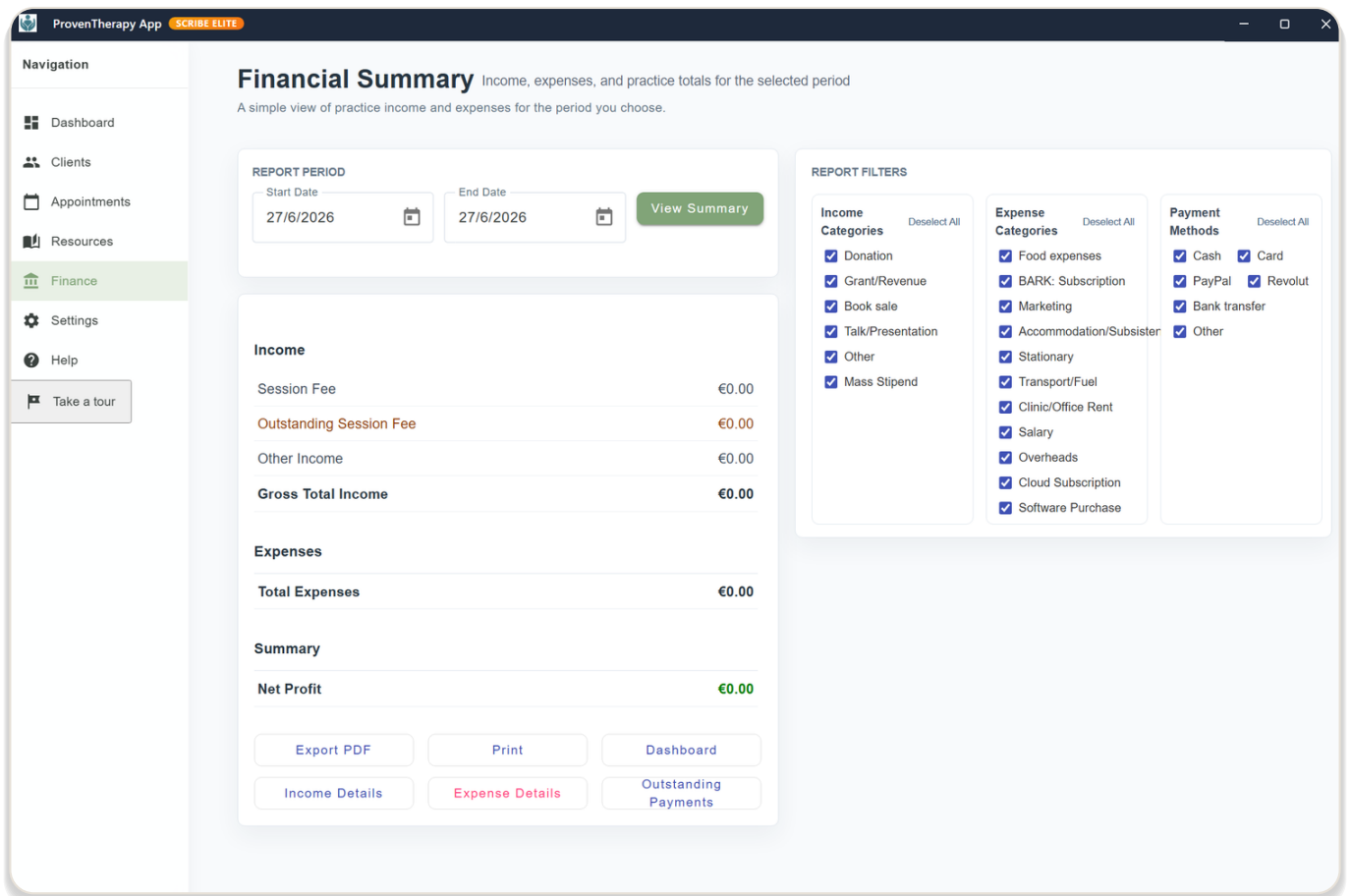
- ✓ Free text – unrestricted narrative notes
- ✓ SOAP – Subjective / Objective / Assessment / Plan
- ✓ DAP – Data / Assessment / Plan
- ✓ Structured Mental State Examination (MSE)
- ✓ Shared Plan with client
- ✓ AI Session Scribe – note support (Scribe Premium+)

FINANCE & ADMINISTRATION

Practice finances, without the fuss

Track income and expenses, generate receipts, record session fees, and produce year-end reports – everything a sole practitioner needs, without separate accounting software.

- ✓ Per-client fee tracking
- ✓ Receipt generation
- ✓ Income and expense records
- ✓ Tax-ready financial summary
- ✓ Payment status by appointment




Financial Summary – income, expenses, and practice totals for any period you choose.

ASSESSMENTS & OUTCOMES

Validated clinical instruments, built in.

Run assessments in-session or send a private link. Scores are calculated automatically and stored locally – no client-identifiable information is included in links sent externally.

<p>Clinical Assessments</p> <p>PHQ-9 Depression</p> <p>GAD-7 Anxiety</p> <p>DASS-21 Depression, Anxiety & Stress</p> <p>CORE-10 Routine Evaluation</p> <p>K10 Psychological Distress</p> <p>WHO-5 Well-Being Index</p> <p>PSS-10 Perceived Stress</p> <p>PHQ-15 Somatic Symptoms</p>	<p>Personal Development</p> <p>RSES Self-Esteem</p> <p>GSES Self-Efficacy</p> <p>SWLS Satisfaction With Life</p> <p>BRS Brief Resilience</p>	<p>Relationship & Family</p> <p>RAS Relationship Assessment</p> <p>CSI-4 Couples Satisfaction</p> <p>Family APGAR Family Functioning</p>	<p>Trauma Screening</p> <p>ACE Adverse Childhood Experiences</p> <p>PC-PTSD-5 Primary Care PTSD</p> <p>PCL-5 PTSD Checklist (DSM-5)</p>
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 Assessment tools shown are validated for mental health practice. Allied-health-specific instruments are in development for a future update. Your professional profile controls which assessments appear.

HOW PROVENTHERAPY COMPARES

Feature	ProvenTherapy	SimplePractice	TherapyNotes	WriteUpp
Annual price (solo)	€120-240	~€876	~€828	~£540
Records on your own device	✓	–	–	–
Works fully offline	✓	–	–	–
Privacy-aware calendar titles	✓	–	–	–
SOAP & DAP structured notes	✓	✓	✓	✓
Structured MSE	✓	–	–	–
Validated assessments (20+)	✓	Partial	✓	Partial
Reflective Supervision	✓	–	–	–
Therapeutic resources library	✓	–	–	–
GDPR – consent, erasure, audit	✓	–	–	✓

Indicative comparison compiled from public provider information, correct as of 2026. Ticks indicate available features; – indicates not available or not publicly confirmed.

PRIVACY-FIRST ARCHITECTURE

Your data belongs to you.

- ✓ Encrypted local database
- ✓ Therapist-controlled processing
- ✓ Right-to-erasure support
- ✓ GDPR-supportive throughout
- ✓ No forced cloud dependence
- ✓ Consent records built in
- ✓ Subject Access Request export
- ✓ Works fully offline
- ✓ Local-only mode available
- ✓ Audit logs & access controls
- ✓ Privacy-aware calendar titles
- ✓ Manual & automatic backups

PLANS & PRICING

One installer · one annual fee · no monthly bills

Standard Vault

€120 + VAT
per year

- ✓ Client Hub, Intake & Timeline
- ✓ Session Workspace (FT / SOAP / DAP)
- ✓ Structured MSE
- ✓ Assessments & Outcomes (20+)
- ✓ Treatment Plan & Goals
- ✓ Resources library (29) + emailing
- ✓ Finance module
- ✓ Local encrypted database
- ✓ Manual backup & restore
- ✓ GDPR tools · CalDAV sync

MOST POPULAR

Scribe Premium

€180 + VAT
per year


- ✓ Everything in Standard Vault
- ✓ AI Session Scribe
- ✓ AI note refinement
- ✓ Automated daily backup
- ✓ External drive sync
- ✓ Google Calendar sync
- ✓ Outlook Calendar sync
- ✓ Enhanced continuity workflow

MOST COMPLETE

Scribe Elite

€240 + VAT
per year

- ✓ Everything in Scribe Premium
- ✓ Reflective Supervision
- ✓ Pre-Session Snapshot
- ✓ 30-Day Grief Programme
- ✓ Advanced reflective continuity
- ✓ Longitudinal clinical review



BUILT FROM INSIDE THE THERAPY ROOM

Dr MG Lazarus

MA · MSW · MBA · PhD | CORU Registered (SW003920)

Mental Health Professional · Family Support Practitioner · Catholic Deacon · Published Author

ProvenTherapy includes **29 therapeutic resources** authored by Dr Lazarus, drawn from three published books — sent to a client directly from inside the app:

- From Tears to Tranquillity — grief, loss and spiritual resilience
- Bonds & Blessings — relationships, communication and family healing
- Break Free to Own Your Space — assertiveness, boundaries and self-worth

Begin your 14-day free trial today.

No credit card required · proventherapy.com/therapist-app

